Serve Cold • Shake Before Using

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Enjoy a shake in the morning or as a healthy snack.

RECOMMENDED USAGE: SHAKE WELL AND SERVE COLD. REFRIGERATE AFTER OPENING.
TO ENSURE BEST QUALITY, STORE IN A COOL, DRY PLACE.

Vitamin A 230mcg 25%	Vitamin C 23mg 25%
Vitamin E 3.8mg 25%	Vitamin K 30mcg 25%
Thiamin 0.3mg 25%	Riboflavin 0.3mg 25%
Niacin 4mg 25%	Vitamin B6 0.4mg 25%
Folate 100mcg DFE (59mcg folic acid) 25%	
Vitamin B12 0.6mcg 25%	Biotin 8mcg 25%
Pantothenic Acid 1.3mg 25%	Phosphorus 620mg 50%
Iodine 37mcg 25%	Magnesium 105mg 25%
Zinc 2.8mg 25%	Selenium 14mcg 25%
Copper 0.25mg 25%	Manganese 0.6mg 25%
Chromium 8mcg 25%	Molybdenum 11mcg 25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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MADE IN THE USA FROM DOMESTIC AND IMPORTED INGREDIENTS
CUSTOMER SERVICE (888) 836-8977

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INGREDIENTS: WATER, MILK PROTEIN CONCENTRATE†, CALCIUM CASEINATE†, CONTAINS LESS THAN 1% OF HIGH OLEIC SUNFLOWER OIL, NATURAL AND ARTIFICIAL FLAVORS, INULIN, CELLULOSE GEL AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE. **VITAMIN AND MINERAL BLEND** (DL-ALPHA-TOCOPHERYL ACETATE [VITAMIN E], ZINC GLYCONATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE, NIACINAMIDE, PHYTONADIONE [VITAMIN K1], POTASSIUM IODIDE, CHOLECALCIFEROL [VITAMIN D3], COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CHROMIUM POLYNICOTINATE), MAGNESIUM PHOSPHATE, SODIUM ASCORBATE. **CONTAINS MILK.** †Source of Protein

GLUTEN FREE

Premier Protein®

30g PROTEIN

160 CALORIES | **1g** SUGAR | **24** VITAMINS & MINERALS | **LOW FAT**

HIGH PROTEIN SHAKE

11 FL OZ (325mL)

Cinnamon Roll
NATURALLY & ARTIFICIALLY FLAVORED

NOTICE:
USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

For more information on Premier Protein® products and recipes, visit us at premierprotein.com or

Nutrition Facts

1 serving per container
Serving size 1 Shake (11 fl oz)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 230mg	10%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Incl. 0g Added Sugars	0%
Protein 30g	60%

Vitamin D 6mcg 30%	Calcium 650mg 50%
Iron 1.8mg 10%	Potassium 280mg 6%

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Tetra Pak® Tetra Prisma® Aseptic

MIX Board FSC FSC® C014047

Position proof

System/size: TPA_330_SQUARE
Design ID: US-R442-01
Proof ID: bmnr91
Customer SKU: P2T010001US1101
Printmethod: Flexo Process
Opening DreamCap 26,Red P1805C
Creation date 18-Apr-20

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