

**#1**  
**DOCTOR**  
RECOMMENDED  
BRAND<sup>†</sup>



**BLOATING RELIEF +  
FOOD DIGESTION**

DEVELOPED BY  
**GASTROENTEROLOGISTS**

- 1 BLOATING RELIEF**  
PROBIOTIC helps soothe occasional bloating\*
  - 2 FOOD DIGESTION**  
VITAMIN B12 helps break down food\*
- with DIGESTIVE ENZYMES*

**DIETARY SUPPLEMENT**

**28 CAPSULES**

## WHY USE ALIGN BLOATING RELIEF + FOOD DIGESTION?

How you feel can be affected by the bacteria in your gut and how well you digest the food you eat. Occasional gas and bloating could be signs that the balance of good bacteria in your gut is off.

**ALIGN BLOATING RELIEF + FOOD DIGESTION** helps maintain your natural digestive balance by adding more good bacteria to your gut.\* It also adds vitamin B12 to help support the breakdown of fats and proteins.\*

Align is the #1 DOCTOR & GASTROENTEROLOGIST  
RECOMMENDED PROBIOTIC brand.†

## DIRECTIONS

Take one capsule daily, with food.  
For best results, we recommend continued daily use and storage below 86°F (30°C) in the original container.

## GUT HEALTH PROBIOTIC

*Bifidobacterium* 35624™ helps relieve occasional digestive upsets such as bloating, gas, and abdominal discomfort.\*



## VITAMIN B12

Helps break down food by converting fats and proteins into cellular energy.\*

## with DIGESTIVE ENZYMES

a complementary blend of 5 digestive enzymes: amylase, protease, lactase, cellulase, and lipase.

DigeZyme® is a registered trademark of Sabinsa Corporation.

†Among Doctors and Gastroenterologists who recommended a brand of probiotic in ProVoice 2022 survey.

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

# Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 28

| Amount Per Serving | % DV |
|--------------------|------|
|--------------------|------|

|                                             |      |
|---------------------------------------------|------|
| Vitamin B <sub>12</sub> (as cyanocobalamin) |      |
| 2.4 mcg                                     | 100% |

|                                                               |       |    |
|---------------------------------------------------------------|-------|----|
| <i>Bifidobacterium longum</i> subsp.<br><i>longum</i> 35624™† | 20 mg | †† |
|---------------------------------------------------------------|-------|----|

|                                |    |
|--------------------------------|----|
| DIGEZYME® Multi-enzyme Complex |    |
| 23 mg                          | †† |

Alpha-amylase, neutral protease,  
lactase, cellulase, lipase

† Contains 1x10<sup>9</sup> CFU of probiotic cells when manufactured and provides an effective level of probiotic cells (1x10<sup>7</sup> CFU) until at least the “best by” date.

†† Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose, maltodextrin; Less than 2% of: magnesium stearate, silicon dioxide