Nutrition Facts
4 servings per container
Serv. size 11.15fl oz (330mL)
Amount per serving
Calories 170
% Daily Value
Total Fat 7g 9%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 200mg 9%
Total Carb 8g 3%
Dietary Fiber 5g 19%
Total Sugars 4g
Inc. 4g Added Sugars 7%
Protein 20g 17%
Vitamin D 0mcg 0%
Calcium 20mg 2%
Iron 4mg 19%
Potassium 23mg 0%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
distributed by Only What You Need, Inc. Fairfield, NJ 07004 ©2022
3 Net Carbs Per Serving.
ingredients: Water, OWYN™ Protein Blend (Pea Protein, Organic Pumpkin Seed Protein, Organic Hemp Protein), Organic Cane Sugar, Cocoa Powder, Organic Coconut Oil, Natural Flavors, Sunflower Lecithin, Gum Blend (Xanthan, Guar, Gellan, Locust Bean), Monk Fruit Extract, Himalayan Pink Sea Salt.
TESTED FOR TOP 8 ALLERGENS.
OWYN's finished products are independently tested for detection of the top 8 allergens every lot, every time.
questions, comments, or more info visit livewyn.com
livewyn.com | @livewyn
RM# 056502
Only What You Need
100% Plant-Based Nutrition
500mg Omega 3s
Greens Blend
Excellent Source Of Fiber
Essential Amino Acids
Low Sugar Content
Fuel From North America
Nothing You Don't
Dairy, Wheat/Gluten, Soy, Egg, Peanuts, Nuts, Fish, Shellfish, Chemicals, Fillers, Artificial Color, Flavors or Sweeteners
Free from the top 8 allergens
Sterling Formula
Dairy, soy, peanut, tree nuts, wheat/gluten
NON GMO Project VERIFIED
100% gluten free
100% vegan
170 calories
ONLY WHAT YOU NEED
OWYN
What's inside matters
The Plant-Based Revolution
Best Before
ONLY WHAT YOU NEED
OWYN
non-dairy protein shake
20g protein
3g net carbs
5g fiber
smooth vanilla
with other natural flavors
100% PLANT-BASED
allergy friendly
dairy, soy, peanut, tree nuts, wheat/gluten
NON GMO Project VERIFIED
100% gluten free
100% vegan
170 calories
4 Pack
4 – 11.15 FL OZ (330 mL) SHAKES
NET CONTENTS 44.6 FL OZ (1.32 L)