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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

Fish Oil

1000 mg (300 mg Omega-3)



**Purified to
remove mercury[▲]**

90 SOFTGELS

**Helps support
a healthy heart[†]**

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 20	
Total Fat 2 g	3%**
Polyunsaturated Fat 0.5 g	
Cholesterol 20 mg	7%
Total Carbohydrate less than 1 g	< 1%**
Protein less than 1 g	
Fish Oil 2000 mg	*
Total Omega-3 Fatty Acids 600 mg	*
Omega-3 EPA and DHA 500 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

SUGGESTED USE: Adults, take 2 softgels daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, taking medications, or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS:
Gelatin, Glycerin, Tocopherols.

**✓ No Color Added
✓ No Artificial Flavors
✓ Gluten Free**

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin: Peru, Chile, Iceland, Norway, Morocco, or Turkey.

Encapsulated and quality tested in the USA.
USP has tested and verified ingredients, potency, and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org
Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

▲ Purified to remove PCBs, dioxins and furans, and mercury to ensure levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.:

