

• **Sugar Free**

### Drug Facts

#### Active ingredient (in each dose)..... Purpose

Polyethylene Glycol 3350, 17 g (cap filled to line) ..... Osmotic Laxative

#### Use

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 1 to 3 days

#### Warnings

**Allergy alert:** Do not use if you are allergic to polyethylene glycol

**Do not use** if you have kidney disease, except under the advice and supervision of a doctor

#### Ask a doctor before use if you have

- nausea, vomiting or abdominal pain
- a sudden change in bowel habits that lasts over 2 weeks
- irritable bowel syndrome

**Ask a doctor or pharmacist before use if you are** taking a prescription drug

**When using this product** you may have loose, watery, more frequent stools

#### Stop use and ask a doctor if

- you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.
- you get diarrhea
- you need to use a laxative for longer than 1 week



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### Drug Facts (continued)

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

#### Directions

- **do not take more than directed unless advised by your doctor**
- the bottle top is a measuring cap marked to contain 17 grams of powder when filled to the indicated line (white section in cap)
- adults and children 17 years of age and older:
  - fill to top of white section in cap which is marked to indicate the correct dose (17g)
  - stir and dissolve in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink
  - use once a day
  - use no more than 7 days
- children 16 years of age or under: ask a doctor

#### Other information

■ store at 20° - 25°C (68° - 77°F)

■ tamper-evident: do not use if foil seal under cap, printed with "SEALED for YOUR PROTECTION" is missing, open or broken

#### Inactive ingredients

none

#### Questions or comments?

1-800-MiraLAX (1-800-647-2529) or  
[www.MiraLAX.com](http://www.MiraLAX.com)

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