

Serve Cold • Shake Before Using



A package from
Tetra Pak

121621

Enjoy a shake as a meal replacement or a healthy snack.

RECOMMENDED USAGE: SHAKE WELL AND SERVE COLD. REFRIGERATE AFTER OPENING.
 TO ENSURE BEST QUALITY, STORE IN A COOL, DRY PLACE.

INGREDIENTS: WATER, PREMIER PROTEIN® SHAKE PROTEIN BLEND (MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, WHEY PROTEIN CONCENTRATE), CONTAINS 1% OR LESS OF THE FOLLOWING: HIGH OLEIC SUNFLOWER OIL, INULIN, CELLULOSE GEL AND CELLULOSE GUM, MAGNESIUM PHOSPHATE, DATEM, SALT, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, VITAMIN AND MINERAL BLEND (SODIUM ASCORBATE (VITAMIN C), DL-ALPHA TOCOPHERYL ACETATE (VITAMIN E), ZINC AMINO ACID CHELATE, BIOTIN, VITAMIN A PALMITATE, NIACINAMIDE, POTASSIUM IODIDE, COPPER AMINO ACID CHELATE, CALCIUM D-PANTOTHENATE, CHROMIUM CHLORIDE, CYANOCOBALAMIN (VITAMIN B12), PHYTONADIONE (VITAMIN K), SODIUM MOLYBDATE, SODIUM SELENITE, FOLIC ACID, CHOLECALCIFEROL (VITAMIN D3), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2)), FERRIC ORTHOPHOSPHATE, MANGANESE SULFATE, TRIPOTASSIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SODIUM POLYPHOSPHATE, CONTAINS MILK.

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Energy for Every Day®

160 CALORIES **1g** SUGAR **LOW FAT** **24** VITAMINS & MINERALS

HIGH PROTEIN SHAKE

Vanilla
 NATURALLY & ARTIFICIALLY FLAVORED

11 FL OZ (325mL)

Nutrition Facts

Serving Size 1 Shake (11 fl oz)
 Servings Per Container 1

Amount Per Serving

Calories 160 Fat Cal. 25

% DV*

Total Fat 3g 5%

Sat. Fat 1g 5%

Trans Fat 0g

Cholest. 25mg 8%

Sodium 270mg 11%

Potassium 310mg 9%

Total Carb. 4g 1%

Dietary Fiber 1g 4%

Sugars 1g

Protein 30g 60%

Vitamin A 25% • Vitamin C 25%

Calcium 50% • Iron 25%

Vitamin D 25% • Vitamin E 25%

Vitamin K 25% • Thiamin 25%

Riboflavin 25% • Niacin 25%

Vitamin B6 25% • Folate 25%

Vitamin B12 25% • Biotin 25%

Pantoic Acid 25% • Phosphorus 50%

Iodine 25% • Magnesium 25%

Zinc 25% • Selenium 25%

Copper 25% • Manganese 25%

Chromium 25% • Molybdenum 25%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

DISTRIBUTED BY: PREMIER PROTEIN, INC., EMERYVILLE, CA 94608
 CUSTOMER SERVICE (888) 836-8977
 Made in the USA



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