

#1 PHARMACIST  
RECOMMENDED\*

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List No. 2754  
L200  
Cat. A624  
5J030

**Nature Made**

# Turmeric Curcumin



HERBAL SUPPLEMENT  
**60 CAPSULES**

with  
**Standardized  
Extract**

Provides  
Antioxidant  
Benefits†

Turmeric (*Curcuma longa*) is an ancient Indian spice that is becoming a popular herbal supplement due to its antioxidant benefits. The Curcumin in Turmeric provides powerful antioxidant activity and is responsible for its vibrant yellow color. The antioxidant activity from Curcumin in Nature Made Turmeric helps neutralize free radicals.†

**No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**Suggested Use:** Take one capsule daily, with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value
Total Carbohydrate	Less than 1 g < 1%**
Turmeric ( <i>Curcuma longa</i> ) Blend	500 mg *
(Turmeric root powder 450 mg and Standardized Turmeric root extract 50 mg (Total Curcuminoids 47.5 mg))	

\*Daily Value not established.

\*\* Percent Daily Values are based on a 2,000 calorie diet.

**DO NOT USE IF IMPRINTED  
SEAL UNDER CAP IS BROKEN  
OR MISSING.**

**CAUTION:** Do not take turmeric/  
curcumin if you are pregnant or  
nursing, or if you have a history of  
gallstones or bile duct obstruction.  
Consult with your physician before  
using this product if you are taking  
medication which may affect the  
ability of blood to clot, or if you  
are planning to  
have surgery.

**OTHER INGREDIENTS:** Cellulose Gel, Gelatin, Water,  
Stearic Acid, Magnesium Stearate, Silicon Dioxide.

Distributed by: **Nature Made Nutritional Products,**  
Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • www.NatureMade.com**

Turmeric capsules are made to Nature Made's guaranteed purity and potency standards.

† Based on Pharmacy Times Survey of pharmacists recommending Herbal Supplements.

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:  
Exp.:

COLORS & COATING

	Process Cyan
	Process Magenta
	Process Yellow
	Black
	NM Yellow
	PMS 202
	PMS 361
	PMS 389
	NoVarnish Lot/Exp Zone

PID #: 9181

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**BOTTLE SIZE:**  
150cc H AmbHDPE

**DIE VINYL/SIZE:**  
5J030 (2-3/8" x 6")

**SOFTWARE:**  
Illustrator CS6  
PhotoShop CS6

**FONTS:**  
Frutiger  
Giovanni  
Univers

**PREPARED BY:**  
PTH  
03-02-15

**ART**  
**PHARMAVITE**  
**DEPT.**

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