

PERF 125mm FROM BOTTOM

Research shows that over 40% of adults do not meet the recommended daily intake for many vitamins and minerals through diet alone.

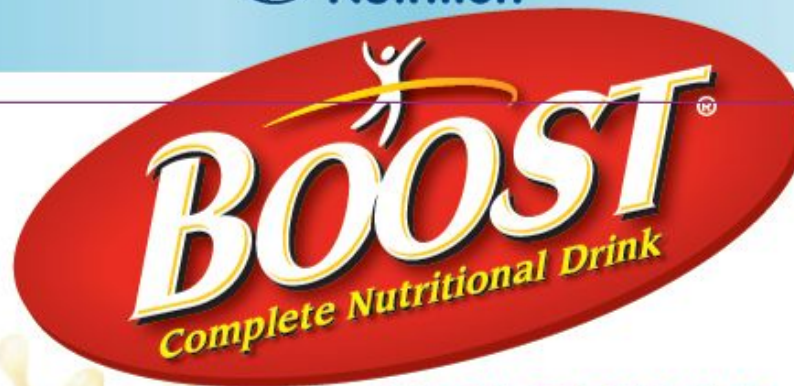
BOOST® Original drink provides 25% DV or more of 23 vitamins and minerals to help close this nutrition gap.

Contact our Nutrition Team, call us Toll Free 1-800-247-7893 or visit www.boost.com

Chill • Shake Well

Refrigerate After Opening and Use Within 48 Hours.

GLUTEN FREE. LACTOSE FREE.**



ORIGINAL

26 Essential Vitamins & Minerals

Excellent Source of Calcium & Vitamin D

Very Vanilla Natural and Artificial Flavor



8 FL OZ (237mL)

Nutrition Facts

Serving Size 1 bottle (237mL)

Amount Per Serving		% Daily Value*	
Calories 240	Calories from Fat 35		
Total Fat 4g		6%	
Saturated Fat 1g		5%	
Trans Fat 0g			
Cholesterol 10mg		3%	
Sodium 150mg		6%	
Potassium 460mg		13%	
Total Carbohydrate 41g		14%	
Dietary Fiber 0g		0%	
Sugars 25g			
Protein 10g		20%	
Vitamin A (50% as beta carotene)	25%	Vitamin C	100%
Calcium	30%	Iron	25%
Vitamin E	100%	Vitamin K	40%
Riboflavin	25%	Niacin	20%
Folic Acid	25%	Vitamin B12	35%
Pantothenic Acid	25%	Phosphorus	30%
Magnesium	25%	Zinc	30%
Copper	25%	Manganese	35%
Molybdenum	25%	Chloride	8%
		Vitamin D	60%
		Thiamin	25%
		Vitamin B6	35%
		Biotin	25%
		Iodine	25%
		Selenium	25%
		Chromium	25%

*Percent Daily Values are based on a 2,000 calorie diet.

Provides choline. Contains 55mg choline per serving, which is 10% of the Daily Value (DV) for choline (550mg).
INGREDIENTS: WATER, CORN SYRUP, SUGAR, MILK PROTEIN CONCENTRATE, VEGETABLE OIL (CANOLA, HIGH OLEIC SUNFLOWER, CORN), SOY PROTEIN ISOLATE, AND LESS THAN 0.5% OF MAGNESIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, CELLULOSE GEL AND GUM, SALT, CALCIUM CARBONATE, SOY LECITHIN, SODIUM ASCORBATE, CHOLINE BITARTRATE, CALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR, ALPHA-TOCOPHERYL ACETATE, CARRAGEENAN, ASCORBIC ACID, FERROUS SULFATE, ZINC SULFATE, VITAMIN A PALMITATE, NIACINAMIDE, VITAMIN D3, CALCIUM PANTOTHENATE, MANGANESE SULFATE, COPPER SULFATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, BETA CAROTENE, RIBOFLAVIN, CHROMIUM CHLORIDE, FOLIC ACID, BIOTIN, POTASSIUM IODIDE, PHYTONADIONE, SODIUM SELENITE, SODIUM MOLYBDATE, VITAMIN B12.

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QUIET ZONE 55mm



**Not for individuals with galactosemia
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