

PK002931
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

SUPER

B-Complex

with C



B vitamins support a healthy brain and nervous system†

140 TABLETS

Vitamin C helps support the immune system†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION: If you are taking medication, including anticonvulsants, consult your physician before use.

OTHER INGREDIENTS:

Dibasic Calcium Phosphate, Cellulose Gel, Less than 2% of Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878
www.NatureMade.com

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	167%
Thiamin (as Thiamine Mononitrate) 100 mg	8333%
Riboflavin 20 mg	1538%
Niacin (as Niacinamide) 25 mg	156%
Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as Cyanocobalamin) 15 mcg	625%
Biotin 30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	110%

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org
★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot: _____
Exp.: _____

