

PMS 365C

PMS 123C

PMS 137C

PMS 1655C



ONLY 9 g OF NET CARBS

| | | | | |
|-------|---|-------|---|---------|
| 9 g | = | 16 g | - | 6 g |
| Net | | Total | | Dietary |
| Carbs | | Carbs | | Fiber |

60+ INGREDIENTS
Whole Food Vegetables
Whole Food Fruits
Vitamins & Minerals
Adaptogens*
Antioxidants
Super Mushrooms
Gut Health Prebiotics*



Distributed by:
 Grüns Nutrition, Inc.
 14205 N MoPac Expy.
 Ste. 570, PMB 10691
 Austin, TX 78728
 care@gruns.co | gruns.co



10291 23023



Certified Sourcing

10291



CLEAN INGREDIENTS
Vegan
Gluten Free
Nut Free
Dairy Free
No Artificial Colors
No Artificial Flavors

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: CHILDREN, PREGNANT OR NURSING WOMEN should seek professional medical advice before taking this or any other dietary supplement. Store in a cool, dry place after opening.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CALIFORNIA WARNING: Risk of cancer and reproductive harm from exposure to lead. See www.P65Warnings.ca.gov/food.



grüns

COMPREHENSIVE NUTRITION

Superfoods Greens Gummies



ENLARGED TO SHOW TEXTURE

Sweet & Juicy Mango

INDIVIDUALLY FROZEN MANGO

Supports*

Gut Health • Energy • Immunity • Recovery • Beauty • Cognition

Dietary Supplement 12 Daily Packs

12 X 20 g PACKS | NET WT. 0.53 lb (240 g)

Suggested Use: Take no more than one pack per day.

Supplement Facts

Serving Size: One Pack (20 g)
Servings Per Container: 12

| Amount Per Serving | %DV | Amount Per Serving | %DV |
|---|------------------|--|--------------|
| Calories | 50 | Vitamin B ₁₂ (as methylcobalamin) | 2.4 mcg 100% |
| Total Carbohydrate | 15 g 5% | Iron (as ferrous fumarate) | 4.5 mg 25% |
| Dietary Fiber | 6 g 21% | Biotin | 30 mcg 100% |
| Total Sugars | 8 g | Pantothenic Acid (as calcium D-pantothenate) | 5 mg 100% |
| Includes 8 g Added Sugars | 16% | Calcium (as calcium citrate malate) | 100 mg 20% |
| Vitamin A (as retinyl palmitate) | 900 mcg RAE 100% | Iron (as ferrous fumarate) | 4.5 mg 25% |
| Vitamin C (as ascorbic acid) | 93 mg 103% | Iodine (as potassium iodide) | 38 mcg 25% |
| Vitamin D (D ₃) (as cholecalciferol) | 20 mcg 100% | Zinc (as zinc citrate) | 2.75 mcg 25% |
| Vitamin E (as d-alpha-tocopherol) | 15 mg 100% | Selenium (as sodium selenite) | 14 mcg 25% |
| Thiamin (as thiamin hydrochloride) | 1.2 mg 100% | Copper (as copper citrate) | 0.22 mg 24% |
| Riboflavin (Vitamin B ₂) | 1.3 mg 100% | Manganese (as manganese gluconate) | 0.57 mg 25% |
| Niacin (as niacinamide) | 16 mg 100% | Chromium (as chromium chloride) | 9 mcg 26% |
| Vitamin B ₆ (as pyridoxal-5-phosphate) | 1.7 mg 100% | Molybdenum (as sodium molybdate) | 11 mcg 24% |
| Folate (as L-5-methyltetrahydrofolate) | 400 mcg DFE 100% | Sodium (as sodium chloride) | 8.7 g † |
| Vitamin K ₁ (as menaquinone-7) | 120 mcg † | Core Nutrients Blend | 8.7 g † |

Core Nutrients Blend: Tapioca Fiber (FiberSMART™), Organic Inulin Root Powder, Organic Shiitake Mushroom Extract (Fruiting Body), Organic Kale Leaf & Stalk Powder, Organic Strawberry Fruit Powder, Organic Blueberry Fruit Powder, Organic Raspberry Fruit Powder, Organic Acai (*Euterpe oleracea*) Fruit Powder, Organic Acerola Cherry (*Malpighia glabra*) Fruit Powder, Organic Amla (*Phyllanthus emblica*) Fruit Powder, Organic Cranberry Fruit Powder, Organic Goji Fruit Powder, Organic Maqui (*Aristotelia chilensis*) Fruit Powder, Organic Alfalfa Powder (Aerial Parts), Organic Parsley Leaf Powder, Organic Spinach Leaf & Stalk Powder, Organic Broccoli Floret & Stalk Powder, Organic Green Cabbage Leaf Powder, Organic Tomato Fruit Powder, Organic Spirulina Powder, Organic Astragalus (*Astragalus membranaceus*) Root Extract Powder (10:1), Organic Wheatgrass Leaf Powder, Organic Chlorella Powder, Organic Carrot Root Powder, Organic Oat Grass Powder (Aerial Parts), Organic Barley Grass Leaf Powder (Gluten Free), Organic Beet Root Powder, Organic Lemon Juice Powder, Organic Apple Fruit Powder, Organic Mangosteen (*Garcinia mangostana*) Fruit Powder, Organic Pomegranate Fruit Powder.

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Cane Sugar, Water, Pectin, Natural Flavors, Citric Acid, Turmeric (color), Spirulina Extract (color), Sodium Citrate.