

2.75 in

7.25 in

NDC 69168-393-99

HealthA2Z® **Compare to active ingredients in Tylenol® PM*

Extra Strength

Pain Reliever/Sleep Aid

PAIN RELIEF PM

Acetaminophen 500 mg
Diphenhydramine HCl 25 mg

365 Caplets

Drug Facts

Active ingredients (in each caplet)
Acetaminophen 500mg.....Pain reliever
Diphenhydramine HCl 25mg.....Nighttime sleep aid

Uses Temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings
Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:
■ more than 4000 mg of acetaminophen in 24 hours ■ with other drugs containing acetaminophen
■ 3 or more alcoholic drinks every day while using this product

Allergy alert: acetaminophen may cause severe skin reactions. Symptoms may include: ■ skin reddening ■ blisters ■ rash
If a skin reaction occurs, stop use and seek medical help right away.

Do not use ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. ■ with any other product containing diphenhydramine, even one used on skin. ■ in children under 12 years of age
■ if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have ■ liver disease ■ a breathing problem such as emphysema or chronic bronchitis ■ trouble urinating due to an enlarged prostate gland ■ glaucoma

Ask a doctor or pharmacist before use if you are ■ taking the blood thinning drug warfarin ■ taking sedatives or tranquilizers

When using this product ■ drowsiness will occur ■ avoid alcoholic drinks ■ do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if ■ sleeplessness persists continuously for more than 2 weeks ■ insomnia may be a symptom of serious underlying medical illness ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days ■ redness or swelling is present ■ new symptoms occur. These could be signs of a serious condition. ■ You may report side effects to 1-888-562-0060

If pregnant or breast-feeding, ask a health professional before use
Keep out of reach of children. Overdose warning: In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions ■ do not take more than directed (see overdose warning)
■ adults and children 12 years and over: take 2 caplets at bedtime. Do not take more than 2 caplets of this product in 24 hours.
■ children under 12 years: do not use

Other information ■ store between 20-25 °C (68-77° F) ■ do not use if imprinted safety seal under cap is broken or missing

Inactive ingredients croscarmellose sodium, FD&C blue #1, aluminum lake, hypromellose, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, silicon dioxide, stearic acid, titanium dioxide

May contain: carnauba wax, FD&C blue #2, aluminum lake, polysorbate 80

*This product is not manufactured or distributed by Moltai Consumer Healthcare, owner of the registered trademark Tylenol® PM.

Lot: RB24

Exp: 11/23



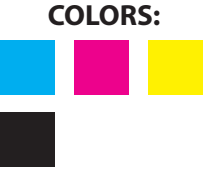
X001H0DZN7
HealthA2Z Extra Strength P... Pain Reliever + Sleep Aid
New

UNWARNISH



CUSTOMER: Health A2Z

DATE: 05/29/2024
PRODUCT NAME: Pain Relief PM
PRODUCT #: 267/393
LB#: 1544
REV: 0524
UPC#: X001H0DZN7
DIE SIZE: 2.75" x 7.25" - L12
COATING: Matte
ARTIST: Joe Kerkovich



COLORS:

PROOF #:

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DATE:

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SUBSTRATE:
FINISH:

APPROVED BY: _____
DATE APPROVED: _____