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Suggested Use

Adults chew 1 tablet and allow to dissolve slowly in the mouth. Repeat as needed, up to 3 tablets daily.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your healthcare practitioner before use. Store away from children. Use only as directed on label.



VEGAN



GLUTEN-FREE



Certified Corporation



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gaia[®] HERBS

DIGEST[™]

Reflux Relief[®]

Relief from occasional nausea & indigestion*



45 CHEWABLE TABLETS
HERBAL SUPPLEMENT



[202]

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 1 Tablet Servings Per Container 45		
Calories	5	
Total Carbohydrate	1g	<1%*
Total Sugars	<1g	†
Includes -1g Added Sugars		†
Calcium (as natural calcium carbonate from Limestone)	122 mg	9%
Sodium (as natural sodium bicarbonate from Nahcolite)	20 mg	<1%
Digestive Comfort Herb Blend*	158 mg	†
Organic Marshmallow root, Organic Chamomile flowers supercritical CO ₂ extract, Organic Aloe Vera leaf juice powder, Organic Licorice root		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Cane sugar, organic acacia gum, organic oat fiber, organic pea starch, organic bamboo extract, organic sunflower oil, organic sunflower lecithin, organic guar gum, organic psyllium husk, organic rice hull concentrate, organic agave syrup, maltodextrin, dextrose, and organic spearmint with other natural flavors.

Manufactured for Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GAIA ITEM #: LAC09090

ITEM: Reflux Relief Tablets 45ct Label

VERSION: [202]

DATE: 1225

CR: 25022

CR TYPE: Non-Rolling