

Designed with mothers in mind, this colostrum supplement is thoughtfully sourced and created as a gentle part of your daily routine. Made to support moments of care and nourishment through postpartum and beyond.

You're doing a good job, mama.
Let's Mother Together.

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Do not exceed recommended dose. KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



OAT MAMA™

100% GRASS FED COLOSTRUM CAPSULES

Gentle Daily Nourishment
For Postpartum + Beyond*

60 Vegetarian Capsules
DIETARY SUPPLEMENT



SUGGESTED USE: Take two capsules, up to three times daily.

Supplement Facts			
Serving Size: 2 Capsules			
Servings Per Container: 30			
Amount per serving		%DV	
Calories		4	
Protein	<1g		1%†
Calcium (as calcium)	117mg		9%
Potassium (as potassium)	143mg		3%
Bioactive Colostrum™	1,000mg		**
(Bovine USA Grass Fed)			
** (DV) Daily Value not established			
† Percent Daily Values are based on a 2000 calorie diet.			

Other Ingredients: Organic Rice Flour, Capsule (Gelatin, Purified Water).



Manufactured for Oat Mama LLC, P.O. Box 17250, Seattle, WA 98127