

**Drug Facts**

Active ingredient (in each heaping tablespoon)	Purpose
Methylcellulose (a non-allergenic fiber) 2g.....Bulk-forming fiber laxative	
<b>Uses</b>	
<ul style="list-style-type: none"> <li>relieves constipation (irregularity)</li> <li>helps to restore and maintain regularity</li> <li>for constipation associated with other bowel disorders like IBS when recommended by a doctor</li> <li>generally produces a bowel movement in 12-72 hours</li> </ul>	
<b>Warnings</b>	
<p>Choking: taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.</p> <p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> <li>a sudden change in bowel habits that persists for two weeks</li> <li>abdominal pain, nausea or vomiting</li> </ul> <p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> <li>constipation lasts more than 7 days</li> <li>you have rectal bleeding</li> </ul> <p>These could be signs of a serious condition.</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p>	
<b>Directions</b>	
<p><b>MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING</b></p> <ul style="list-style-type: none"> <li>use product at the first sign of constipation or irregularity</li> <li>put one dose in a full glass of cold water</li> <li>stir briskly and drink promptly</li> <li>drinking another glass of water is helpful</li> </ul>	
<b>Age</b>	<b>Dose</b>
adults & children 12 years of age and over	start with 1 heaping <i>tablespoon</i> . Increase as needed, 1 heaping <i>tablespoon</i> at a time, up to 3 times per day.
children 6 -11 years of age	start with 2.5 level <i>teaspoons</i> . Increase as needed, 2.5 level <i>teaspoons</i> at a time, up to 3 times per day.
children under 6 years of age	consult a physician
<b>Other information</b>	
<ul style="list-style-type: none"> <li>each heaping tablespoon contains: calcium 80mg and potassium 110mg</li> <li>each heaping tablespoon contributes 60 calories from sucrose and maltodextrin</li> <li>store below 77°F (25°C)</li> <li>protect contents from humidity</li> <li>keep tightly closed</li> </ul>	
<b>Inactive ingredients</b> citric acid, dibasic calcium phosphate, FD&C yellow #6 lake, maltodextrin, orange flavors (natural and artificial), potassium citrate, riboflavin, sucrose, titanium dioxide, tricalcium phosphate	
<b>Questions or comments?</b> call toll-free 1-800-897-6081 (English/Spanish) weekdays	

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 Moon Township, PA 15108

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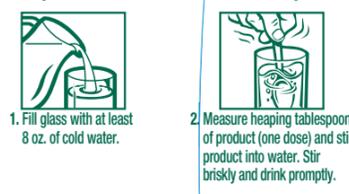
**Great Tasting**  
**CITRUCEL® Orange**

Citrucel is unique because it is:

- Gentle and clinically proven effective** to help restore and maintain regularity
- The ONLY fiber that won't ferment** to cause excess gas like other fiber products\*
- 100% soluble, non-allergenic and gluten-free**

\* Based on laboratory testing. Individual results may vary.

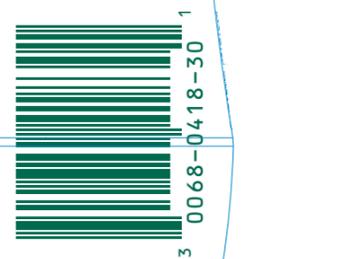
**DIRECTIONS FOR USE**  
**(NO SCOOP\*\* DOSING):**



\*\* We are as concerned about the environment as you are so we have removed the scoop from our Citrucel powder products. Doing so helps save energy, reduce the amount of plastic produced and improve environmental footprints.

**TAMPER EVIDENT PACKAGE**  
 PRINTED INNER SEAL BENEATH CAP.  
 DO NOT USE IF MISSING OR BROKEN.

For more information on Citrucel®, visit [citrucel.com](http://citrucel.com).



62027XG  
 5E647 SB F3

NDC 0135-0089-71

**Great Taste**

**CITRUCEL®**  
 METHYLCELLULOSE FIBER THERAPY FOR REGULARITY

- Gentle and clinically proven effective
- Gives you additional fiber to help balance your diet
- The ONLY fiber for regularity that won't cause excess gas\*

**orange**  
 FLAVOR

NET WT 30 OZ (850 GRAMS)

ACTUAL SIZE

BACKGROUND FLOOD: 1x WHT

GlaxoSmithKline Art Management **SCHAWK!** APPROVALS

PLEASE CHECK ONE:

Artwork  Prepress  Copy

NAME \_\_\_\_\_ DATE \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

GlaxoSmithKline		PACKAGING SPECIFICATION		DATE: 01.18.12
SCHAWK! Art Management 1000 GSK Drive, Moon Township, PA 15108		SCHAWK LINK NO.: 968068A01	ITEM NO.: 041830C	
GSK PROJECT NO.: 173649		UPC/SKU NO.: 3-0068-0418-30-1		
BRAND: Citrucel		E.V. NO. & FORMAT: 62027XG (Vision System)		
DESCRIPTION: Powder		DIMENSIONS: 316.5mm (Slit Width) x 192mm (Cut Height)		
COMPONENT: Label		DIE NO.: D1467		
VOLUME CONTENTS/SIZE: 30oz		PACKAGING SITE: Perrigo Holland		
FORM NO.: 62027XG	C	PRINTER: Gilbreth USA		
COUNTRY: USA		PREPRESS: Schawk		
COMPUTER SOFTWARE: Illustrator CS4 & Photoshop CS4		REPLACES FORM NO.: 62027XF		
ARTIST: Melissa Vandergrift		REVISION 1:		
KEYWORDS: Contract Mfg # 5E647 SB F3		REVISION 2:		

**SCHAWK!** Kalamazoo 2325 N. Burdick St. • Kalamazoo, MI 49007 • (269) 381-3820

JOB NUMBER: \_\_\_\_\_ DATE: \_\_\_\_\_

OPERATOR: \_\_\_\_\_

SALES SERVICE: \_\_\_\_\_

BWR: \_\_\_\_\_

DISTORTION: 100% ↓ x 100% ↔

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PMS 342 00/00/00 PMS 172 00/00/00 PMS 151 00/00/00 PMS YEL 00/00/00 PMS 200 00/00/00 1X WHITE 00/00/00 Die Vinyl 00/00/00

Scale 0 0.5" 1.0"

SAM PKG SPEC 05.11.2011