

NATURE'S TRUTH®

VITAMINS

HIGH POTENCY

B-COMPLEX
plus **B-12**

NON GMO

90 TABLETS

VITAMIN SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets

Servings Per Container: 45

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride and Brewer's Yeast)	14 mg	1,167%
Riboflavin (Vitamin B-2) (as Riboflavin and Brewer's Yeast)	10 mg	769%
Niacin (as Niacinamide and Brewer's Yeast)	8 mg	50%
Vitamin B-12 (as Cyanocobalamin and Brewer's Yeast)	50 mcg	2,083%
Papain (Papaya Enzyme) (fruit)	20 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Cellulose (Plant Origin), Vegetable Stearic Acid, Croscarmellose, Vegetable Magnesium Stearate, Silica.

• ESSENTIAL B-VITAMIN COMPLEX

DIRECTIONS: For adults, take two (2) tablets one to two times daily, preferably with meals.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Wheat, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA

Carefully Manufactured by
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PLEDGE
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