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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

20 NUTRIENTS PLUS REAL FOOD



WOMEN'S

# Whole Body Multi

+ Triple-Action Antioxidant Support<sup>††</sup>  
+ High Absorption Magnesium<sup>\*</sup>

Supports immune, brain, and heart health, energy metabolism, and healthy skin and hair<sup>†</sup>

DIETARY SUPPLEMENT  
90 VEGETARIAN GUMMIES | 30 SERVINGS

**Strawberry**  
FLAVORED WITH OTHER NATURAL FLAVORS

**Suggested Use:** Adults take 3 gummies daily. May be taken any time of day, even on an empty stomach. Take only as directed. Do not exceed recommended intake.

Supplement Facts		Supplement Facts	
Serving size 3 gummies		Servings per container 30	
Amount per serving	% Daily Value	Amount per serving	% Daily Value
Calories 25		Biotin (as biotin) 150 mcg	500%
Total carbohydrate 6 g	2%*	Pantothenic Acid (as d-calcium pantothenate) 0.7 mg	14%
Total sugars 4 g	**	Iodine (as potassium iodide) 112 mcg	75%
Includes 4 g added sugars	8%*	Magnesium (as magnesium citrate) 45 mg	11%
Vitamin A (as retinyl acetate) 340 mcg RAE	38%	Zinc (as zinc citrate) 4.1 mg	37%
Vitamin C (as ascorbic acid) 90 mg	100%	Copper (as copper citrate) 0.07 mg	8%
Vitamin D3 (as cholecalciferol) 50 mcg	250%	Manganese (as manganese sulfate monohydrate) 0.9 mg	39%
Vitamin E (as dl-alpha tocopheryl acetate) 11 mg	73%	Chromium (as chromium chloride) 13 mcg	37%
Vitamin K (as phytonadione) 45 mcg	38%	Molybdenum (as sodium molybdate) 17 mcg	38%
Thiamin (as thiamine hydrochloride) 0.18 mg	15%	Sodium 10 mg	<1%
Riboflavin (as riboflavin) 0.20 mg	15%	<b>VitaBerry® Antioxidant Fruit Blend</b> 100 mg	**
Niacin (as niacinamide) 6 mg NE	38%	Organic strawberry, organic blueberry, organic raspberry, organic tart cherry, organic pomegranate, organic cranberry	
Vitamin B6 (as pyridoxine hydrochloride) 1.5 mg	88%		
Folate (as folic acid) 300 mcg DFE (180 mcg folic acid)	75%		
Vitamin B12 (as methylcobalamin) 9 mcg	375%		

**Other Ingredients:** Organic tapioca syrup, organic cane sugar, water, less than 2% of natural flavor, pectin, black carrot concentrate (for color), citric acid, trisodium citrate, carnauba wax.

**MADE FOR MEGAFOOD, PO BOX 5244, MANCHESTER, NH 03108 USA - MEGAFOOD.COM - 800.848.2542**  
PRODUCT OF ISRAEL

MegaFood Women's Whole Body Multi is crafted to support the unique nutritional needs of women, delivering 20 essential nutrients—including all 8 B vitamins, high absorption magnesium\*, and triple-action antioxidant support from fruits, vitamins, and trace minerals.<sup>††</sup> This powerful blend helps fuel your day with nutrients that support your immune, brain, and heart health, cellular energy metabolism, and healthy skin and hair.<sup>†</sup>



Scan to learn more about MegaFood.

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**CAUTION:** Biotin is an important nutrient. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult with your doctor before use.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months. Do not use if seal under cap is broken or missing.

<sup>††</sup> (1) Vitamins A, C, & E, (2) the mineral zinc, (3) the antioxidant fruit blend are ingredients with antioxidant activity.

<sup>\*</sup> Magnesium citrate is better absorbed than magnesium oxide.

VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.



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Container 4 V2- Brown 500ml 234X92

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