

Drug Facts

Active ingredient (in each 30 mL) **Purpose**
Diphenhydramine HCl 50 mg Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness.
- reduces time to fall asleep if you have difficulty falling asleep.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers

Drug Facts (continued)

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if

- Sleeplessness persists continuously for more than 2 weeks.
Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only one dose (30 mL) per day (24 hours)
- only use dose cup provided

adults & children 12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- each 30 mL dose cup contains: sodium 85 mg
- store at no greater than 25°C

Inactive ingredients: citric acid, flavor, glycerin, polysorbate 20, propylene glycol, saccharin sodium, sodium benzoate, sodium chloride, sodium citrate, sorbitol, sucralose, water

