



ONLY 1g OF NET CARBS

1g	15g	6g	8g
Net Carbs	Total Carbs	Dietary Fiber	Allulose

60+ INGREDIENTS
Whole Food Vegetables
Whole Food Fruits
Vitamins & Minerals
Adaptogens*
Antioxidants
Super Mushrooms
Gut Health Prebiotics*

i!snacks
grüns
Popsicle

Distributed by:
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05051

CLEAN INGREDIENTS
Vegan
Gluten Free
Nut Free
Dairy Free
No Artificial Colors
No Artificial Flavors

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: CHILDREN, PREGNANT OR NURSING WOMEN should seek professional medical advice before taking this or any other dietary supplement.

Store in a cool, dry place after opening.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CALIFORNIA WARNING: Risk of cancer and reproductive harm from exposure to lead. See www.P65Warnings.ca.gov/food.

FIRECRACKER
Popsicle
grüns
i!snacks
Popsicle
FIRECRACKER
grüns
COMPREHENSIVE NUTRITION
Superfoods
Greens
Gummies
Cherry, Lemon Lime & Blue Raspberry
Supports*
Gut Health • Energy • Immunity • Recovery • Beauty • Cognition
Dietary Supplement 12 Daily Packs
12 X 20 g PACKS | NET WT. 0.53 lb (240 g)

NATURALLY FLAVORED WITH CHERRY, LEMON LIME, AND BLUE RASPBERRY

Suggested Use: Take no more than one pack per day.

Serving Size: One Pack (20 g)
Servings Per Container: 12

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	20	Vitamin B ₁₂	2.4mcg 100%
Total Carbohydrate	15g 5%*	(as methylcobalamin)	
Dietary Fiber	6g 21%*	Biotin	30mcg 100%
Total Sugars	< 0.5g †	Pantothenic Acid	
Includes 0g Added Sugars		(as calcium D-pantothenate)	5mg 100%
Vitamin A (as retinyl palmitate)	500 mcg RAE 100%	Iron (as ferrous fumarate)	4.5mg 25%
Vitamin C (as ascorbic acid)	93 mg 103%	Iodine (as potassium iodide)	38 mcg 25%
Vitamin D (D ₃)	20 mcg 100%	Zinc (as zinc citrate)	2.75 mcg 25%
(as cholecalciferol)		Selenium (as sodium selenite)	14 mcg 25%
Vitamin E (as d-alpha-tocopherol)	15 mg 100%	Copper (as copper citrate)	0.22 mg 24%
Thiamin (as thiamin hydrochloride)	1.2 mg 100%	Manganese	
Riboflavin (Vitamin B ₂)	1.3 mg 100%	(as manganese gluconate)	0.57 mg 25%
Niacin (as niacinamide)	16 mg 100%	Chromium	
Vitamin B ₆ (as pyridoxal-5-phosphate)	1.7 mg 100%	(as chromium chloride)	9 mcg 26%
Folate (as L-5-methyltetrahydrofolate)	400 mcg DFE 100%	Molybdenum	
Vitamin K ₁ (as menaquinone-7)	120 mcg †	(as sodium molybdate)	11 mcg 24%
		Core Nutrients Blend	8.7g †

Core Nutrients Blend: Tapioca Fiber (FiberSMART®), Organic Inulin Root Powder, Organic Shiitake Mushroom Extract (Fruiting Body), Organic Kale Leaf & Stalk Powder, Organic Strawberry Fruit Powder, Organic Blueberry Fruit Powder, Organic Raspberry Fruit Powder, Organic Acai (Euterpe oleracea) Fruit Powder, Organic Acerola Cherry (Malpighia glabra) Fruit Powder, Organic Anise (Pimpinella anisum) Fruit Powder, Organic Cranberry Fruit Powder, Organic Gogi Fruit Powder, Organic Maqui (Aristotelia chilensis) Fruit Powder, Organic Alfalfa Powder (Aerial Parts), Organic Parsley Leaf Powder, Organic Spinach Leaf & Stalk Powder, Organic Broccoli Floret & Stalk Powder, Organic Green Cabbage Leaf Powder, Organic Tomato Fruit Powder, Organic Spirulina Powder, Organic Astragalus (Astragalus membranaceus) Root Extract Powder (10:1), Organic Wheatgrass Leaf Powder, Organic Chlorella Powder, Organic Carrot Root Powder, Organic Oat Grass Powder (Aerial Parts), Organic Barley Grass Leaf Powder (Gluten Free), Organic Beet Root Powder, Organic Lemon Juice Powder, Organic Apple Fruit Powder, Organic Mangosteen (Garcinia mangostana) Fruit Powder, Organic Pomegranate Fruit Powder.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Allulose, Water, Pectin, Citric Acid, Natural Cherry Flavor, Natural Lemon Lime Flavor, Natural Flavors, Vegetable Juice (Color), Natural Blue Raspberry Flavor, Reb M (OnoSweet™).

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