

PK001630
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



Magnesium 250 mg

VALUE SIZE

Supports
muscle
relaxation[†]

200 TABLETS

Supports
nerve, heart
& bone health[†]

Dietary Supplement

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SCAN FOR MORE INFORMATION



SUGGESTED USE: Adults, take 1 tablet daily with water and a meal. Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

- ✓ No Synthetic Dyes - Color Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Magnesium 250 mg (as Magnesium Oxide)	60%

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Stearic Acid, Less than 2% of Hypromellose, Magnesium Stearate, Silicon Dioxide, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

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West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Tabledted and quality tested in the USA. Made to our guaranteed purity and potency standards.
★Based on a survey of pharmacists who recommend branded vitamins and supplements.

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