

PK001630  
5A007

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND\*



# Magnesium

250 mg

VALUE SIZE

Supports  
muscle  
relaxation†

200 TABLETS

Supports  
nerve, heart  
& bone health†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SCAN FOR MORE  
INFORMATION



**SUGGESTED USE:** Adults, take  
1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place,  
out of reach of children.

**Do not use if seal under cap is broken  
or missing.**

**CAUTION:** If you have kidney disease or are taking any  
medication, consult your physician before use.

- ✓ No Synthetic Dyes -  
Color Derived from  
Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Magnesium 250 mg (as Magnesium Oxide)	60%

**OTHER INGREDIENTS:** Cellulose Gel,  
Croscarmellose Sodium, Stearic Acid, Less  
than 2% of Hypromellose, Magnesium  
Stearate, Silicon Dioxide, Color Added,  
Polyethylene Glycol, Triethyl Citrate,  
Polysorbate 80.

**DISTRIBUTED BY:** Nature Made Nutritional Products  
West Hills, CA 91309-9903, USA 1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.  
★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:  
Exp.: