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Suggested Use
 Adults take 2 capsules one hour before bed.
 Benefits build over time.*

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your healthcare practitioner before use. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur; this does not affect product quality. Use only as directed on label. **Store away from children.**

GLUTEN-FREE | VEGAN | B-CORP

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

gaia
 HERBS

STRESS

Adrenal Health
 NIGHTLY RESTORE

Overnight sleep & stress support*

60 LIQUID PHYTO-CAPS[®] HERBAL SUPPLEMENT

Supplement Facts
 Serving Size 2 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Ashwagandha root extract	80 mg	†
Organic Cordyceps Mushroom fruiting body extract	40 mg	†
Organic Reishi Mushroom fruiting body extract	20 mg	†
Organic Affron [®] : Saffron stigmas extract	14 mg	†
Herbal Extract Blend	750 mg	†
Mimosa Tree bark, Magnolia bark, Organic Vervain aerial parts, Organic Lemon Balm aerial parts, Organic Cinnamon bark		

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.

Other ingredients: Vegetable glycerin, vegan capsule (hypromellose), and water.
 Affron[®] is a registered trademark of Pharmactive Biotech Products, S.L.U.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Rowland, NC 28072 [202]

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NON GMO Project VERIFIED www.nongmoproject.org

GAIA ITEM #: LAA49060

ITEM: Adrenal Health Nightly Restore Phyto-Caps 60ct Label

VERSION: [202]

DATE: 0925

CR: 25002

CR TYPE: Non-Rolling