



**Drug Facts**

**Active ingredient (in each dose)**

**Polyethylene Glycol 3350, 17 g.....Osmotic Laxative**

**Purpose**

**Use**

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 1 to 3 days

**Warnings**

Allergy alert: Do not use if you are allergic to polyethylene glycol

Do not use if you have kidney disease, except under the advice and supervision of a doctor

Ask a doctor before use if you have

- nausea, vomiting or abdominal pain
- a sudden change in bowel habits that lasts over 2 weeks
- irritable bowel syndrome

Ask a doctor or pharmacist before use if you are taking a prescription drug

When using this product you may have loose, watery, more frequent stools

Stop use and ask a doctor if

- you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.
- you get diarrhea
- you need to use a laxative for longer than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

**Directions**

- do not take more than directed unless advised by your doctor
- adults and children 17 years of age and older:
  - use once a day
  - stir and dissolve one packet of powder (17 g) in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink
  - do not combine with starch-based thickeners used for difficulty swallowing
  - ensure that the powder is fully dissolved before drinking
  - do not drink if there are any clumps
  - do not use more than 7 days
- children 16 years of age or under: ask a doctor

**Other information**

- store at 20°-25°C (68°-77°F)
- tamper-evident: do not use if printed foil pouch is open or broken

Inactive ingredients none