

# YUMMY TREATS TO EAT WHILE YOU WATCH

# TROUS RAINE OW POPEORIN



# **INGREDIENTS**

- 1 Bag Microwave Popcorn
- 2 tbs Butter
- Sprinkles or Colored Sugar (OR BOTH!)

## **INSTRUCTIONS**

- **1.** Follow the instructions on the bag of popcorn to pop it in the microwave.
- 2. Using a small dish, have a parent help you melt the butter in the microwave.
- 3. Pour the popcorn into a large serving bowl.
- 4. Have a parent pour the butter over the popcorn.
- **5.** Use a spatula to stir the popcorn until it is well coated with the butter.
- **6.** Shake the sprinkles or colored sugar over the popcorn bowl and stir more until they are mixed throughout the bowl.

# CLASSIC-ROOT-BEER-FLOAT

## **INGREDIENTS**

- Root Beer
- Vanilla Ice Cream
- Whipped Cream

## **INSTRUCTIONS**

- 1. Scoop one ball of ice cream into each glass.
- 2. Slowly pour root beer over the ice cream in each glass be careful not to let the foam overflow!
- 3. Top with a dollop of whipped cream!

If you don't have root beer, this can be delicious with cola, vanilla soda, or orange, grape or strawberry soda!





# SPARKLING FRUTSPRITZER

## **INGREDIENTS**

- 1/2 cup per glass: Frozen Berries
- 1/2 cup per glass: Orange Juice
- Club Soda

# **INSTRUCTIONS**

- 1. Have a parent puree the berries in a blender.
- 2. Scoop 1/2 cup of berries into each glass.
- 3. Pour 1/2 cup of orange juice into each glass.
- 4. Fill the rest of the glass as desired with club soda.

# BANANA SUSHI ROLLS

## **INGREDIENTS**

- Banana
- Flour Tortilla
- Peanut Butter

## **INSTRUCTIONS**

- **1.** Lay the tortilla on a flat surface and spread peanut butter in a thin layer across its surface.
- 2. Peel the banana and roll it up tightly in the tortilla.
- 3. Spread a small amount of peanut butter along the inside edge of the tortilla to seal it closed.
- **4.** Have a parent help you slice the tortilla roll into 1" sections.

For a deluxe roll, spread peanut butter on the outside of the tortilla roll before you cut it, and roll it in coconut shavings, crushed peanuts or sprinkles!





# FRUITY-PB&U-SKEWERS

## GREDIENTS INSTRUCTIONS

- 1. Spread peanut butter on one piece of bread, and jelly on the other piece of bread.
- 2. Put the two pieces together.
- 3. Have a parent slice the crust off the sandwich and quarter it.
- **4.** Have a parent help you slice the banana half into four pieces.
- **5.** Press one grape onto the skewer crosswise, and push it all the way to one end.
- 6. Now add a sandwich piece to the skewer, then banana, then grape, until all pieces are on the skewer.

# RAINBOW-CUPCAKES

## **INGREDIENTS**

- 2 cups Flour
- 1/2 tsp Salt
- 2 tsp Baking Powder
- 1/2 cup Soft Butter
- 3/4 cup Sugar
- 2 Eggs
- 1 cup Milk
- 1tsp Vanilla
- White Icing
- Red, Yellow and Blue Food Coloring

# **INSTRUCTIONS**

- 1. Preheat your oven to 375.
- 2. Mix butter, eggs and sugar in a bowl until it is fluffy.
- 3. Mix in half the flour, baking powder, and salt.
- 4. Stir in the rest of the flour, the milk and vanilla. Mix well.
- 5. Place cupcake holders in a cupcake pan.
- 6. Divide the batter between the cupcake holders.
- 7. Bake for 18 minutes. Let cool before icing.
- 8. While the cupcakes are in the oven, separate the icing into three cups. Drip 4 drops of yellow food coloring into one cup, 4 drops of blue in the second, 4 drops of red in the third.
- **9.** When the cupcakes have cooled, spread bands of pink, yellow and blue icing across each cupcake.

